

May 7, 2012

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More than 120 walkers and runners participated in the Get Going With Glenn Community 5K and Fun Walk Saturday at Bartlett Park.

The top male runner in the 5K was 15-year-old John Carter with a time of 22:33 (a 7:16 pace). The top female runner was 15-year-old Harley Wright at 22:34 (7:17 pace). In the 13 and under category, the top male was 10-year-old Noah Patterson with a time of 24:18 (7:50 pace) and the top female was 12-year-old Mackenzie Russell with a time of 27:51 (8:59 pace). The field included 104 runners, seven-72 years old, whose times ranged from 22:33 to 56:35.

Glenn Keller is a Burleson resident who was picked for the CNN Fit Nation Triathlon Challenge in September 2011. Keller, who was troubled by an injured knee Saturday, finished 99 out of 104 with a time of 54:33 (pace of 17:36). The 51-year-old resident is one of seven CNN viewers selected to be part of Fit Nation. They will compete in the Nautica Malibu Triathlon in September. Keller is a truck driver and pastor of Making A Difference Ministry.

Keller is joined in the CNN Fit Nation Triathlon Challenge by Rick Morris, web developer and volunteer firefighter from North Carolina; Denise Castelli, office manager from New Jersey who lost a leg to an infection following an accident in a softball game; Jeff Dauler, radio host from Georgia; Adrienne LaGier, high school teacher from Maryland; Nancy Klinger, clinical research manager from Minnesota; and Carlos Solis, elementary school teacher from California.

Through CNN Fit Nation, all seven received a road bike and accessories, wet suit, and gym membership. CNN is paying for Keller's gym membership to the BRiCk. The City is allowing CNN to monitor Keller's progress while he uses the BRiCk. In return Keller and the other finalists blog, tweet and share their workouts. In that triathlon, the seven will swim a half mile in the ocean, bike 18 miles and run four miles.

The May 5 event was part of the City's Be Healthy Initiative. Sponsors included Huguley Memorial Medical Center, City Market, Honda, United Cooperative Services, McClendon Construction and First National Bank.

To see all of the runners' times, go to [http://www.coxracingservices.com/index.php?p=1\\_12\\_2012-RESULTS](http://www.coxracingservices.com/index.php?p=1_12_2012-RESULTS) and click on the May 5 Be Healthy 5K.