

May 15, 2012

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Tour the golf course, visit with vendors, and try your luck at door prizes at the City of Burleson's Community Health and Wellness Fair slated for Friday, May 18, at Hidden Creek Golf Course. The free event is 3 p.m.-7 p.m. at 555 E. Hidden Creek Pkwy.

Families can learn about CPR and first aid classes; dentistry; in-home physical, occupational and speech therapy for children; home care services; whole food based nutrition capsules; organic supplements; affordable online degree programs; physical therapy services; banking; services for those with dementia or Alzheimer's; stores with pharmacy, optical, hearing aids, vitamins and supplements; a life coaches challenge; hospital and medical services; childhood obesity prevention; anti-aging products; wickless candles; domestic violence; and supplemental insurance benefits.

There will also be vascular screenings, strength and balance screenings, nerve scans and wraps to detoxify the body's system.

The Burleson Fire Department will be showing off one of their trucks and offering free blood pressure checks. The Burleson Animal Shelter will be at the golf course doing off-site adoptions and promoting the mental health advantages adopting and having a pet.

The City will offer healthy food choices for attendees. Interested vendors can still sign-up online at [www.burlesontx.com/behealthy](http://www.burlesontx.com/behealthy). For more information, email [BeHealthy@BurlesonTX.com](mailto:BeHealthy@BurlesonTX.com) or call Kellye Cunningham at 817-426-9682.