



# Montana Band

Valentines Dance

Friday, Feb 9 from 6:30 -9:00 p.m.

\$5 Entry

Snacks sponsored by Wilshire by Abby

Senior Activity Center

# February 2024

50 and Up

Burleson Senior Activity Center

216 SW Johnson Ave.

Burleson, TX 76028

Phone # 817-295-6611

Website: burlesontx.com/seniors

Hours: M-F 8am-4pm; Sat 10-4pm

S	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>\$3 Lunch</b>  <b>Tuesday, February 6</b>  <b>11:30 a.m.</b>  <b>Chicken Noodle Casserole &amp; Dessert</b>  <b>[Please register]</b></p>	<p><b>WPS Dance</b>  <b>with DJ Travis Moncrief</b>  <b>Friday, February 23</b>  <b>Free Entry &amp; Snacks</b>  <b>Donations Accepted</b>  <b>6:30-9:00 p.m.</b></p> 	<p><b>Movie &amp; Snack</b>  <b>Saturday, Feb 10</b>  <b>Snacks Sponsored by Qdoba!</b>  <b>[please register]</b></p> 	<p><b>1 Games 8-4 [Rm E]</b>  <b>42 Game 8-12:00 [Rm D]</b>  <b>Int Line Dance 2 8:45 [Rm C]</b>  <b>ASL-Basic Sign [Rm E]</b>  <b>Language 9-10:30</b>  <b>Adv Beg Ln Dance 10 [Rm C]</b>  <b>Quilt Piecing 10:00 [Rm B]</b>  <b>Bridge 11-4 [Rm A]</b>  <b>Chair Exercise 11:15 [Rm C]</b>  <b>Conversational [Rm A]</b>  <b>Spanish-2 11:30-1:00</b>  <b>Acoustic Jam 1:30-4 [Rm C]</b></p>	<p><b>2 Games 8-4 [Rm E]</b>  <b>Adv Line [Rm C]</b>  <b>Dance 9:30-11:30</b>  <b>Blood Pressure Check [Rm E]</b>  <b>Sponsored by Cleburne Court 9:30</b>  <b>Bingo 10:00 [Rm E]</b>  <b>Library Info 10:30-11:30 [Rm E]</b>  <b>Crochet Club 12-2:00 [Rm B]</b>  <b>Chair Beach Ball [Rm C]</b>  <b>Volleyball 1:00</b></p> 	<p><b>3 Games 10-4 [Rm E]</b>  <b>Yoga 10:00 [Rm C]</b>  <b>Plinky Bingo 10:30 [Rm E]</b>  <b>Fun Line Dancing 11:15 [Rm C]</b>  <b>CBBV 1:00 [Rm C]</b>  <b>Roni T - Notary [Rm E]</b></p> 
4	<p><b>5 Games 8-4 [Rm E]</b>  <b>Beg. Yoga 8:45-9:45 [Rm C]</b>  <b>Chair Exercise 10-11 [Rm C]</b>  <b>Bridge Class 11-1:00 [Rm A]</b>  <b>Walking Class 11:15-12:15 [Rm C]</b>  <b>Duplicate Bridge Club 12-4 [Rm D]</b>  <b>Int Line Dance 12:30 [Rm C]</b>  <b>Wii Bowling/ Ping Pong 2:30 [Rm C]</b>  <b>Conversational [Rm A]</b>  <b>Spanish-1 Class 2-3:15</b></p>	<p><b>6 Games 8-4 [Rm E]</b>  <b>Pickleball - meet at Warren Park 10-12</b>  <b>Bridge Club 10-4 [Rm A]</b>  <b>Beg. Line Dance 10:00 [Rm C]</b>  <b>Open Sewing 10:00 [Rm B]</b>  <b>Beg Country Dance 11:30-12:30 [Rm C]</b>  <b>\$3 Lunch 11:30 [Rm E]</b>  <b>Chicken noodle casserole &amp; D-zert [Please Register]</b>  <b>Chair Beach Ball [Rm C]</b>  <b>Volleyball 1:00</b></p> 	<p><b>7 Games 8-4 [Rm E]</b>  <b>Beg. Yoga 8:45-9:45 [Rm C]</b>  <b>Knitting Club 10:00-12:00</b>  <b>Free Bingo Sponsored by Paradigm 10:00 [Rm E]</b>  <b>Chair Ex w Video 10:00 [Rm C]</b>  <b>Mahjong 10:00 [Rm D]</b>  <b>Walking Class 11:15-12:15 [Rm C]</b>  <b>FEB Birthday Cake 11:30 [Rm E]</b>  <b>Brazilian Embroidery 1-3 [Rm B]</b>  <b>Adv Line Dance 1-3 [Rm C]</b>  <b>Bunko 11-3:00 [Rm A]</b></p>	<p><b>8 Games 8-4 [Rm E]</b>  <b>42 Game 8-12:00 [Rm D]</b>  <b>Int Line Dance 2 8:45 [Rm C]</b>  <b>ASL-Basic Sign [Rm E]</b>  <b>Language 9-10:30</b>  <b>Adv Beg Ln Dance 10 [Rm C]</b>  <b>Quilt Piecing 10:00 [Rm B]</b>  <b>Bridge 11-4 [Rm A]</b>  <b>Chair Exercise 11:15 [Rm C]</b>  <b>Conversational [Rm A]</b>  <b>Spanish-2 11:30-1:00</b>  <b>Acoustic Jam 1:30-4 [Rm C]</b></p>	<p><b>9 Games 8-4 [Rm E]</b>  <b>Adv Line [Rm C]</b>  <b>Dance 9:30-11:30</b>  <b>Special Bingo 10:00 [Rm E]</b>  <b>Library Info 10:30-11:30 [Rm E]</b>  <b>Crochet Club 12-2:00 [Rm B]</b>  <b>CBB Volleyball [Rm C]</b>  <b>Country Dance [Rm C &amp; D]</b>  <b>\$5 Entry 6:30-9</b>  <b>Snacks by Wilshire by Abby</b></p>	<p><b>10 Games 10-4 [Rm E]</b>  <b>Yoga 10:00 [Rm C]</b>  <b>Fun Line Dancing 11:15 [Rm C]</b>  <b>Movie &amp; Snack 11:00</b>  <b>Sponsored by Qdoba [Please Register] [Rm D]</b>  <b>CBBV 1:00 [Rm C]</b>  <b>Ping Pong w Kitty 2:30 [Rm C]</b></p>
1	<p><b>12 Games 8-4 [Rm E]</b>  <b>Beg. Yoga 8:45-9:45 [Rm C]</b>  <b>Chair Ex 10-11:00 [Rm C]</b>  <b>Bridge Class 11-1:00 [Rm A]</b>  <b>Walking Class 11:15-12:15 [Rm C]</b>  <b>Duplicate Bridge Club 12-4 [Rm D]</b>  <b>Int Line Dance 12:30 [Rm C]</b>  <b>Wii Bowling/ Ping Pong 2:30 [Rm C]</b>  <b>Conversational [Rm A]</b>  <b>Spanish-1 Class 2-3:15</b></p>	<p><b>13 Games 8-4 [Rm E]</b>  <b>Pickleball meet at Warren Park 10-12</b>  <b>Bridge Club 10-4 [Rm A]</b>  <b>Beg. Line Dance 10:00 [Rm C]</b>  <b>Open Sewing 10:00 [Rm B]</b>  <b>Beg Country Dance 11:30-12:30 [Rm C]</b>  <b>Chair Beach Ball [Rm C]</b>  <b>Volleyball 1:00</b></p> 	<p><b>14 Games 8-4 [Rm E]</b>  <b>Beg. Yoga 8:45-9:45 [Rm C]</b>  <b>Knitting Club 10-12:00 [Rm B]</b>  <b>La Loteria 10:00</b>  <b>Sponsored by AHS of Burleson [Rm E]</b>  <b>Chair Ex w Video 10:00 [Rm C]</b>  <b>Mahjong 10:00 [Rm D]</b>  <b>Walking Class 11:15-12:15 [Rm C]</b>  <b>Brunch 11:30 [Rm E]</b>  <b>[Please Register]</b>  <b>Adv Line Dance 1-3:00 [Rm C]</b>  <b>Rummikub 11-3:00 [Rm A]</b>  <b>Crochet Group 2:30-4:00 [Rm B]</b></p>	<p><b>15 Games 8-4 [Rm E]</b>  <b>42 Game 8-12:00 [Rm D]</b>  <b>Int Line Dance 2 8:45 [Rm C]</b>  <b>ASL-Basic Sign [Rm E]</b>  <b>Language 9-10:30</b>  <b>Adv Beg Line Dance 10:00 [Rm C]</b>  <b>Quilt Piecing 10:00 [Rm B]</b>  <b>Bridge 11-4 [Rm A]</b>  <b>Chair Exercise 11:15 [Rm C]</b>  <b>Conversational [Rm A]</b>  <b>Spanish-2 11:30-1:00</b>  <b>Acoustic Jam 1:30-4 [Rm C]</b></p>	<p><b>16 Games 8-4 [Rm E]</b>  <b>Adv Line [Rm C]</b>  <b>Dance 9:30-11:30</b>  <b>Blood Pressure Check [Rm E]</b>  <b>Sponsored by Reliant at Home 9:30</b>  <b>Bingo 10:00 [Rm E]</b>  <b>Library Info 10:30-11:30 [Rm E]</b>  <b>Crochet Club 12-2:00 [Rm B]</b>  <b>Chair Beach Ball [Rm C]</b>  <b>Volleyball 1:00</b></p> 	<p><b>17 Games 10-4 [Rm E]</b>  <b>Yoga 10:00 [Rm C]</b>  <b>La Loteria 10:30</b>  <b>Sponsored by ABC Hawkinsurance [Rm E]</b>  <b>*NEW* Fun Line Dancing 11:15 [Rm C]</b>  <b>Casual Bridge 1:00 [Rm A]</b>  <b>CBBV 1:00 [Rm C]</b></p> 



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**Valentines Dance**  
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**\$5 Entry**  
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**February 2024**  
 50 and Up

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Su	Mon	Tue	Wed	Thu	Fri	Sat
1	19 Games 8-4 [Rm E] 8 <b>Beg. Yoga 8:45-9:45</b> [Rm C] Chair Exercise 10-11:00 [Rm C] Bridge Class 11-1:00 [Rm A] Walking Class 11:15-12:15 [Rm C] Duplicate Bridge Club 12-4 [Rm D] Int Line Dance 12:30 [Rm C] Wii Bowling/ Ping Pong 2:30 [Rm C] Conversational Spanish-1 Class 2-3:15[Rm A]	20 Games 8-4 [Rm E] Pickleball meet at Warren Park 10-12 Bridge Club 10-4 [Rm A] Beg. Line Dance 10:00 [Rm C] Open Sewing 10:00 [Rm B] Beg Country Dance 11:30-12:30 [Rm C] Chair Beach Ball Volleyball 1:00 [Rm C]	21 Games 8-4 [Rm E] Beg. Yoga 8:45-9:45 [Rm C] Free Bingo [Rm E] Sponsored by Valiant Life Medical 10:00 Chair Ex w Video 10 [Rm C] Knitting Club 10-12 [Rm B] Mahjong 10:00 [Rm D] Walking Class 11:15-12:15 [Rm C] Adv Line Dance 1-3:00 [Rm C] Keno 11-3:00 [Rm A]	22 Games 8-4 [Rm E] 42 Game 8-12:00 [Rm D] Int Line Dance 2 8:45 [Rm C] ASL-Basic Sign Language 9-10:30 [Rm E] Adv Beg Line Dance 10:00 [Rm C] Quilt Piecing 10:00 [Rm B] Bridge 11-4 [Rm A] Chair Exercise 11:15 [Rm C] Conversational Spanish-2 11:30-1:00 [Rm A] Acoustic Jam 1:30-3:00 [Rm D]	23 Games 8-4 [Rm E] Adv Line Dance 9:30-11:30 [Rm C] Bingo 10:00 [Rm E] Crochet Club 12-2 [Rm B] Chair Beach Ball Volleyball 1:00 [Rm C] WPS Dance [Rm C & D] Free Entry & Snacks 6:30-9:00	24 Games 10-4 [Rm E] Yoga 10:00 [Rm C] Fun Line Dancing 11:15 [Rm C] Chair Beach Ball Volleyball 1:00 [Rm C] Gospel Jam Free Entry 6-8:30 p.m. [Rm C & D]
2	26 Games 8-4 [Rm E] 5 <b>Beg. Yoga 8:45-9:45</b> [Rm C] Chair Exercise 10-11:00 [Rm C] Bridge Class 11-1:00 [Rm A] Walking Class 11:15-12:15 [Rm C] Duplicate Bridge Club 12-4 [Rm D] Int Line Dance 12:30 [Rm C] Wii Bowling/ Ping Pong 2:30 [Rm C] Conversational Spanish-1 Class 2-3:15[Rm A]	27 Games 8-4 [Rm E] Pickleball meet at Warren Park 10-12 Bridge Club 10-4 [Rm A] Beg. Line Dance 10:00 [Rm C] Open Sewing 10:00 [Rm B] Beg Country Dance 11:30-12:30 [Rm C] Lunch N Learn [Rm E] Sponsored by Lucas Blessing 11:30 Chair Beach Ball Volleyball 1:00 [Rm C]	28 Games 8-4 [Rm E] Beg. Yoga 8:45-9:45 [Rm C] Trivia 8:45-9:45 Sponsored by CareNCare [Rm E] Chair Ex w Video 10 [Rm C] Knitting Club 10-12 [Rm B] La Loteria 10:00 Sponsored by Heritage Place [Rm E] Mahjong 10:00 [Rm D] Walking Class 11:15-12:15 [Rm C] Adv Line Dance 1-3 [Rm C] Chickenfoot 11-3 [Rm A]	29 Games 8-4 [Rm E] 42 Game 8-12:00 [Rm D] Int Line Dance 2 8:45 [Rm C] ASL-Basic Sign Language 9-10:30 [Rm E] Adv Beg Line Dance 10:00 [Rm C] Quilt Piecing 10:00 [Rm B] Bridge 11-4 [Rm A] Chair Exercise 11:15 [Rm C] Conversational Spanish-2 11:30-1:00 [Rm A] Acoustic Jam 1:30-3:00 [Rm D]	<p><b>\$3 Lunch</b>  <b>Tuesday, February 6</b>  <b>11:30 a.m.</b>  <b>Chicken Noodle Casserole &amp; Dessert</b>  <b>[Please register]</b></p> <p><b>The Montana Band</b>  <b>Valentines Dance</b>  <b>Friday, February 9</b>  <b>6:30-9:00 p.m.</b>  <b>\$5 Entry</b>  <b>Free Pictures</b>  <b>Prizes for best waltz and couple wearing the most red!</b>  <b>Snacks sponsored by</b></p>	